### CLAP for Youth @ JC
#### Annual Conference 2017
**“Youth-centred Career Development and Intervention: Towards Enabling Community”**

1. **Programme Rundown:**

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<td>Opening and Introduction</td>
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<tr>
<td>10:00 – 11:30</td>
<td>Keynote Speech 1: &quot;Designing Life-Careers in an Unpredictable World – Youth enabling life-</td>
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<td>design career counseling &quot;</td>
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<td></td>
<td><em>Professor Paul J. HARTUNG</em></td>
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<td><em>Department of Family and Community Medicine Northeast Ohio Medical University</em></td>
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<td>11:30 – 11:50</td>
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<td>Plenary Session 1: “A Road Less Travelled: Enabling Career and Life Planning Interventions</td>
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<td><em>Dr. Sarah LUK Sau Ha</em></td>
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<td><em>Associate Head of School Support and Administration</em></td>
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<td><em>Faculty of Education, CUHK</em></td>
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<td>Prize-giving Ceremony</td>
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<td>09:00 – 10:30</td>
<td>Keynote Speech 2 “Using the Effective Career Development Interventions”.&lt;br&gt;<strong>Professor Peter MCILVEEN</strong>&lt;br&gt;Faculty of Business, Education, Law and Arts&lt;br&gt;University of Southern Queensland</td>
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<td>10:30 – 10:50</td>
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<td>12:00 – 13:00</td>
<td>Plenary Session 2: &quot;Next Frontiers in Career Development: From Personal to Personalised Interventions&quot;&lt;br&gt;<strong>Professor Alvin LEUNG Seung Ming</strong>&lt;br&gt;Chief Principal Investigator of CLAP for Youth @ JC&lt;br&gt;Dean of Education&lt;br&gt;Faculty of Education, CUHK</td>
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<td>13:00 – 14:15</td>
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<td>14:15 – 15:15</td>
<td>Plenary Session 3: &quot;Interest Transformation: Good Practices Sharing&quot;&lt;br&gt;<strong>Professor Victor WONG Cheong Wing</strong>&lt;br&gt;Principal Investigator (Community)&lt;br&gt;CLAP for Youth @ JC&lt;br&gt;Department of Social Work&lt;br&gt;Hong Kong Baptist University</td>
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<td>15:15 – 15:30</td>
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<td>CLAP Partnership Forum</td>
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<td>16:30 – 17:00</td>
<td>Recognizing Our Enabling Community</td>
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2. About the Keynote Speakers

Professor Paul J. Hartung

Paul J. Hartung, Ph.D. is Professor of Family and Community Medicine at Northeast Ohio Medical University and Adjunct Professor of Counseling at the University of Akron, U.S.A. Professor Hartung is a leading expert on the Theory of Career Construction and Life-Design Counseling and he works closely with Professor Mark Savickas in his research and practice endeavours. Professor Hartung has authored more than 50 journal articles and over 30 book chapters and edited 3 books dealing with career development, assessment, and counseling. Currently, he is editor for The Career Development Quarterly (2014-2019). He also serves on the editorial boards for Journal of Vocational Behavior (2003-), Journal of Career Assessment (1997-), and International Journal for Educational and Vocational Guidance (2012-). He is a fellow of the International Association of Applied Psychology (IAAP; Division 16), American Psychological Association (APA; Division 17), and the National Career Development Association. He is current President-Elect (2014-18), Division 16 (Counseling Psychology) of the IAAP.

Professor Peter McIlveen

Peter McIlveen is Associate Professor in the Faculty of Business, Education, Law and Arts, University of Southern Queensland. He is a psychologist and member of the APS College of Counselling Psychologists. Professor McIlveen teaches and researches educational and counselling psychology topics, including career counselling, career development learning and adult learning, and the construction of professional identity. He currently serves on the national executive committee of the Career Development Association of Australia. He has also served on the Career Industry Council of Australia as vice-president and was president of the National Association of Graduate Careers Advisory Services. Professor McIlveen has created many career development tools based on a constructivist approach, including the Career Futures Inventory (short-form), My Career Chapter, and Career Systems Interview. Professor McIlveen is editor of the Australian Journal of Career Development and serves on the editorial boards of other journals, including the Journal of Vocational Behaviour and Australian Psychologist.
3. Keynote Speeches

**Keynote Speech 1**

**Designing Life and Careers in an Unpredictable World? – Youth Enabling Life-design Career Counselling**

**Speaker: Professor Paul J. Hartung, Northeast Ohio Medical University**

Abstract: Conceived, studied, and applied in international context, life-design offers a new paradigm for career theory and intervention in a 21st-century world. Life-design proposes that navigating the uncertainty and unpredictability of life and work in the digital and global age requires activity, identity, career adaptability, and intentionality. Youth today benefit from ability to express their emerging identities with clarity and conviction by saying who they are, who they are becoming, and what they find most important in work and career. Likewise, they gain by having career adaptability skills for intentional and effective planning, decision-making, exploration, and confidence to deal with barriers to constructing their life-careers. As a core life-design approach, career construction theory and counseling offers a comprehensive scheme for understanding and assisting youth to shape their life-careers in today’s unpredictable and turbulent times.

**Keynote Speech 2**

**Using the Effective Career Development Interventions**

**Speaker: Professor Peter McIlveen, University of Southern Queensland**

Abstract: Career development interventions positively affect individuals’ career aspirations, decisions, and actions. Not all career development interventions are equal in their impact, however—some are more effective than others. Career counselling, career education classes, career information delivery systems—there are so many interventions to choose! What are the factors that make some interventions more effective? How should practitioners decide which interventions to use for best effect? This presentation addresses the most up-to-date evidence and provides practitioners with strategic directions for their work.
4. Plenary Sessions

Plenary Session 1

A Road Less Travelled: Enabling Career and Life Planning Interventions for SEN Students and Youth

Speaker: Dr. Sarah LUK Sau Ha

Abstract This session will give an overview of the models used in previous studies which are for supporting students with SEN in their career and life planning. An introduction to CLAP Hybrid Strategic Intervention Framework for SEN will be given with the preliminary findings of local data on Career Decision Making Difficulties (CDDQ) and Career Adaptability (CAAS) of students with SEN in comparison with students without SEN. The CLAP Hybrid Strategic Intervention Framework is an attempt to incorporate both Individual or Group Career Counselling and Business Engagement or Mentorship. It is an integrated intervention strategy for students with SEN to develop their career identity which includes engagement, self-understanding and development, pathway exploration and career planning and management. During the session, an example will be illustrated on how a secondary student with dyslexia is supported by the Hybrid Strategic Intervention Framework.
Plenary Session 2

Next Frontiers in Career Development: From Personal to Personalised Interventions

Speaker: Professor Alvin LEUNG Seung Ming

Abstract Advances in technology have altered the nature of education and work as well as channels of human interaction. Traditionally, career interventions for young people have relied heavily on person-level interactions such as advisement, counselling, guidance, mentoring, curriculum, and diverse forms of psychosocial education. Career interventions are often delivered in schools and community agencies where contacts between young people and the professional agents (e.g., teachers, counsellors, social workers) take place. The new frontiers in career interventions involve exploring how technology could be used to personalise career and personal exploration, to help young people evaluate and synthesise information that could become excessive and overwhelming, to expand the circle of career intervention providers to include business partners, community mentors, and parents as change and support agents, and to help young people construct and re-construct pathways of life and careers that are evolving, emerging, or yet to exist. The presentation will articulate the new frontiers, and discuss how technology could be positively use to help young people in the changing landscape of career development intervention.
Plenary Session 3

Interest Transformation: Good Practices Sharing

Speaker: Professor Victor WONG Cheong Wing

Abstract Interest is considered not only as a powerful motivational process that stimulates attention and energizes learning, but also as a leverage that maps out the trajectories of life-career development in the interrelated domains of paid and unpaid work. Practitioners may engage youth by means of supporting the development of their pre-existing interest or cultivating their new interest through the provision of horizon-broadening and challenging activities. To make the power of interest more transformative, practitioners need to address not only the functionality of attitudes, skills and knowledge, but also the intentionality of values, identity and aspirations, as well as the sociality of youth situated in relational and societal contexts. Good practices supported by the mobilization of resources, opportunities and networks are drawn from the five district service teams for illustrating how interest is used and transformed for enhancing youth’s quest for meaningful engagement in their life-career journey.
5. Parallel Sessions

Parallel Session 1

From PDF to “Flipped PDF”

Abstract:
At present, there are several professional development or academic programmes provided for career and life planning (CLP) practitioners in Hong Kong, most of which are designed either for school teachers, social workers or human resources personnel in the business setting. CLAP for Youth @ JC aspires to develop a new training paradigm, the Professional Development Framework (PDF), for CLP practitioners across different sectors. Based on the experience we got from implementing the PDF 1.0 and continuous review of literature, the PDF has been developed into its 2.0 version in which all essential knowledge and competence required for contemporary CLP interventions are re-organised along four dimensions (conceptual foundation; CLP curriculum and experiential CLP; career counselling, individual planning and coaching; and workplace learning, community capacity building and lifelong career development) with four levels of attainment (concepts and theories, theories in practice, practicum/field experience with supervision, and electives on international best practices) progressing from knowledge/skills mastery to practice-knowledge integration. This session aims to exemplify the rationales and wisdom of the design of the CLAP PDF 2.0, with special emphasis on its innovative features including (1) flipped learning, (2) research-driven and good practice-based framework with practicum, (3) competence-based alignment with international standards, and (4) cross-sectoral collaboration and participation for an enabling community.

Speaker:
Professor Patrick LAU Siu Ying
Head of School Support
CLAP for Youth @ JC
Faculty of Education
The Chinese University of Hong Kong
Parallel Session 2

Externship for Teachers: A Trial Experience of Reigniting the Entrepreneurial Spirit in School-Business Partnership

Speaker(s):
Representative(s) from Cocoon

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Parallel Session 3

Igniting Engagement: Integrating Elements of Career and Life Planning into Other Learning Experiences

Abstract:
One of the CLAP interventions is to develop interest, awareness and motivation of students. Other Learning Experiences are in nature useful in developing the above, but how the elements of career and life planning can be effectively incorporated in these activities remains a key question. This session aims at sharing tested practices used in the design of such activities to enhance interest, awareness and motivation of students to engage in career and life planning. Ideas and examples of making use of resources in the community such as career exploration fairs, campus visits and study tours from our CLAP network schools will be presented with experience sharing by teachers and/or students.

Speaker(s):
Mr. Joe TSUI Yan Cho
School Development Officer
School-Based Team
CLAP for Youth @ JC

Mr. Jeff MAN Ho Fai
School Development Officer
School-Based Team
CLAP for Youth @ JC
Parallel Session 4

Into the Scene: Practice Sharing on Authentic Exposure to Career and Educational Opportunities

Abstract:
One of the key features of workplace learning and educational exposure programmes is their authentic learning environment. Authentic experiences help students understand the real world of work or study, explore possible career or study options, increase self-understanding and enhance different abilities and skills. This session will share experiences of the implementation of business engagement and educational exposure programmes with the collaboration of CLAP, network schools and business partners. Different implementation strategies, from mass involvement to individualized guidance and support, will also be introduced.

Speaker:
Ms. Ava LAU Lee Kwan
School Development Officer
School-Based Team
CLAP for Youth @ JC
Parallel Session 5

Walking with Youth: A Practical Experience of Career and Life Planning Parent Groups in the Schools

Abstract:

Parental support and understanding on Career and Life Planning is influential to career development of adolescents. It is especially true in Hong Kong as “filial piety” is the traditional value in Chinese culture, which emphasizes respect for family, parents and seniors. Family and parents can influence their children’s career decision making. This session will explore the encouragement of parents in students’ Career and Life Planning through “parent groups” in our network schools. Practical tips of designing and organizing meaningful parent groups will be shared with its impacts on parents.

Speaker(s):

Ms. Flora YAU Shun Yee
School Development Officer
School-Based Team
CLAP for Youth @ JC

Mr. Simon YUEN Chi Keung
Assistant School Development Officer
School-Based Team
CLAP for Youth @ JC

Representatives from network schools of CLAP for Youth @ JC

Teacher and parents from ECF Saint Too Canaan College
Parallel Session 6

Promoting Life-career Development of Young Mothers: Use of Play Group Assistant Training as a Leverage

Abstract:
HKCS (Kowloon West)’s “Playgroup Assistant Training Certificate Course” is a semi-structured learning program tailor-made for young mothers aged 15 to 21. Entry into young motherhood and taking up the family role of caregiver is an adaptive challenge which requires those teenage girls to deal with conflicts over new identities of being a mother (an unwed mother, a single mother), a wife and a daughter-in-law. Typically, the conflict over identity is prone to life-role frustration, confusion, and may escalate into a family crisis. Learning to become a playgroup assistant opens up a life-career development opportunity for young mothers. Participating in the certificate program is a chance to acquire more parenting knowledge, enhance self-understanding, explore multiple career pathways, and further develop one’s life-career purposes. This program acts as a leverage to give young mothers an enabling environment to re-solve their identity-based conflicts through the use of an expanded notion of work.

Speaker(s):
Ms. TSE Ho Yi
Team Leader
HKCS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Mr. CHAN Sheung Kin
Team Member
HKCS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Ms. SO Ka Wing
Team Member
HKCS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Dr. Alvin KWOK Ngai Kuen
Professional Consultant
Community-based Team
CLAP for Youth @ JC
Parallel Session 7
Ups and Downs – Dreams or Realities: Articulating the CLAP Model from a Life-Career Resilience Perspective

Abstract:
How do young people navigate their life-career adventures? How can we facilitate CLAP service users to become more resilient when encountering setbacks? For example, how does a school dropout cum LOL frequenter turn an online character (beast-man) into his dream-exploration companion? What are the ups and downs of a young adult who walks along the leisure career journey to pursue his dream of becoming a make-up professional? In this story-filled presentation, the BCGA (Kowloon East) District Service Team attempts to build up a framework of “I can, I have, and I am” to articulate the CLAP model from a life-career resilience perspective. Life-career resilience not only refers to the individual capability to navigate one’s transition journey, but also to the resources, opportunities and networks constructed and negotiated for, with and by the individual to sustain one’s life-career development journey. Two impact stories will be shared to see how a context-based enabling environment was built.

Speaker(s):
Ringo CHAN Chi Hung
Team Leader
BGCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Mr. Bill CHOI Yip Piu
Team Member
BGCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Mr. Benny WONG Kin Pong
Team Member
BGCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Parallel Session 8

From Carer to Career: Project YOU CAN – YOUth CLP x AAT x NP

Abstract:

This presentation shares about the transformative stories of youth in their relationship with animals, which are facilitated by the interactional opportunities by the Animal Assisted Therapist. In the past year of the intervention with the Project YOU CAN, we have identified the effect of identity transformation in the youth participants with their caring relationship with the abandoned dogs saved in the dog shelter. In postmodern models of psychotherapy, a self is a construction, formed in many ways by the interaction with others. The sharing of the tragic stories of the abandoned dogs gave rise to the telling of the resilience stories of the youth. Significant changes were identified in the behaviours of the dogs being cared of, as well as the actions taken by youth as carers. Moreover, different animal related careers (vet assistant, pet groomer, pet sitter, etc.) tasting as well as exposures to other wild animal related visits, and volunteer services were arranged to widen the horizon of youth participants. Having gone through the whole project, the youth can identify their career pathway or develop interest in animal-related activities.

Speaker(s):
Ms. Queena CHAN Hiu Ying
Team Member
ELCHK Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Mr. Jack CHIU Tak Choi
Team Member
ELCHK Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Ms. Anson YU Sum Nok
Team Member
ELCHK Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Ms. Debbie NGAI Hiu Fai
Founder and Service Director of Hong Kong Animal Assisted Therapy Association (HKAATA)
Certified Animal Assisted Therapist (Master Level)
Dr. Sharon LEUNG Shui King
Lecturer
Department of Social Work
Hong Kong Baptist University
Parallel Session 9

Externship for Social Workers: A Trial Experience of Reigniting the Entrepreneurial Spirit in Community-Business Partnership

Speaker(s):
Representative(s) from Cocoon

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Parallel Session 10

CLAP Research: Selected Findings about Career and Life Adventure Planning

Abstract:
One of the aims of “CLAP for Youth @ JC” (CLAP) is to provide a wide array of school-based support programmes for teachers to effectively help students to plan their future. In order to understand the impacts of CLAP’s support, CLAP’s research team has carried out a mixed methods evaluation study. The survey study indicated that many teachers were lack of confidence and perceived competence to perform career guidance or career and life planning (CLP). The qualitative study showed that CLAP might enhance the confidence and competence of teachers. According to data from the interviewed teachers, CLAP provided them rich information on multiple pathways and counseling, professional training, assessment tools, professional advice curriculum development, and resources for the implementation of school-based work in relation to CLP. In general, the interviewed teachers expressed their satisfaction on CLAP’s support and described CLAP as a user-friendly and professional platform.

Speaker(s):
The Research Team

CLAP for Youth @ JC
Parallel Session 11

Designing and Implementing a Developmentally Sequenced Career Guidance Curriculum

Abstract:

How can we inspire students to set goals? How can we energize our students to think of their career readiness? How can we make career curriculum effective? Are these questions lingered and unsettled in your heart?

In this session, we will share our experience on how we design a developmental sequenced career curriculum based on our project’s conceptual framework (YDIF). Using ‘Embrace My Life’, ‘Life with Possibilities’ and ‘Meaningful Life’ as main themes, we help students to understand questions such as ‘who am I’ and ‘why should I plan my future’. A secondary school teacher will introduce her experience and the strategies of making the career curriculum effective when implemented in class. A sample lesson plan will also be shared.

Speaker:

Dr. Cecilia LO Chuk Ching

School Development Officer

School-Based Team

CLAP for Youth @ JC
Parallel Session 12

I Am the Author of My Life Story: A Self-discovery and Meaning-making Adventure

Abstract:

Career counselling is one of the important interventions to assist young people in making their career transitions. This parallel session aims to introduce the theoretical basis of the Life Design Counselling approach and share the experiences of teacher practitioners and student clients. Teachers and students of different network schools will share their experiences walking with Life Designing, which involves an enlightening journey through self-understanding, self-discovery and meaning-making. Specifically, teachers of Heep Yunn School are invited to share their reflections of lived learning experiences in using career construction interview questions as Life Design counsellors. The student clients from different network schools will share their explorative adventure in the counselling process.

Speaker(s):

Ms. Grace WONG Shuk Ping
School Development Officer
School-Based Team
CLAP for Youth @ JC
Teachers from Heep Yunn School
Parallel Session 13

Learning through Service in Career and Life Planning: Exploration, Equipment, Experimentation, and Enabling Campus

Abstract:
CLAP for Youth @ JC collaborates with Network Schools to foster students’ career and life planning through service learning. This parallel session invites two Network Schools St. Peter’s Secondary School and Kiangsu-Chekiang College (Kwai Chung) to share student-centered service learning activities implemented this year. St. Peter Secondary School’s teachers, social workers and the District Service Team (DST) co-designed S.5 Dream Chaser and S.6 Dream Actualizer Programmes. These two Career and Life Planning experiential activities enable the students to explore personal interests, and reflect upon personal career development goals, for their progression into other learning stages including contribution to the school through service learning. Moreover, Kiangsu-Chekiang College (Kwai Chung) collaborates with School-Based Team (SBT) of The Chinese University of Hong Kong to implement Six-Star CLP Ambassadors Development Programme, to train S.2 to S.5 CLP Ambassadors. These ambassadors will support fellow schoolmates to explore career aspirations, enhance their life skills, and equip themselves to face different decisions. Through service learning, students review their ideal lifestyle and attitudes, and explore personal career and life planning directions.

Speaker(s):
Mr. Tony MAK Yu Hong
School Development Officer
School-Based Team
CLAP for Youth @ JC
Ms. WOO Kit Ching
School Development Officer
School-Based Team
CLAP for Youth @ JC
Representatives from St. Peter’s Secondary School and Kiangsu-Chekiang College (Kwai Chung)
Parallel Session 14

Flash, Dodge & Click: Life-career Skills Discovery and Development through Ball Game and e-sport-mediated Intervention

Abstract:
In sport-mediated career intervention, service users participate with the focus on competition and team building. The purpose of this study is to explore how young people discover and develop their life-career skills with respect to three major areas, namely team cooperation, emotion management, and goal setting. The social cognitive career theory, the sport development theory and conceptual framework of life-career skills are employed in this study. What the dodgeball game and e-sport-mediated intervention can do for young people’s life-skills enhancement will be evidenced by participant observation records, individual interviews, and impact stories of young people.

Speaker(s):
Mr. CHEUNG Pui Lim
Team Member
HKCYS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Mr. Gavin SIU King Foon
Team Member
HKCYS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Parallel Session 15

How to Mobilize the “so far yet so near” Community Resources and Opportunities? Co-constructing an Enabling Environment for the Life-career Development of Youth in Tung Chung

Abstract:
Based on the research about leisure activities for youth in Tung Chung in 2015-16, this year HKYWCA continues to study the concept of enabling environment as a theme to develop the life-career planning services for youth in Tung Chung. Does the Tung Chung community really have limited resources? How can we raise awareness of youth agency to discover and transform the “so far yet so near” community resources and opportunities into personal resources? Meanwhile, how can we make the most of community resources, such as stakeholders, NGOs and religion organizations, to play the caring role for youth and with youth to achieve a win-win scenario? The interaction of young people and the community resources is the key to turn Tung Chung into an enabling environment.

Speaker(s):
Mr. Foster LAM Yuen Ho
Team Leader
HKYWCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Mr. HO Kai Ming
Team Member
HKYWCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Ms. Teresa LAU Wan Chau
Team Member
HKYWCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC

Mr. Oscar LI Chi Hung
Team Member
HKYWCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Parallel Session 16
Make the CV more Functional: The Case of “CLAP x McDonald’s One-stop Workplace Learning Programme”

Abstract:
A traditional chronological CV is designed to show the previous job titles and qualifications. However, young people particularly those who are lack of formal qualifications may find it difficult to provide the required information. Without an impressive CV, young people would risk being screened out for a job interview. In view of this, the CLAP for Youth @ JC Project has designed a more functional ENOW CV which can highlight the values, attitudes, skills and knowledge accumulated by the youth from the experience acquired in interest development, provisioning, volunteering, work exposure activities and work trial programmes. With the support from our business partner McDonald’s, the ENOW functional CV has been tried out for the recruiting and job matching purposes under the “CLAP x McDonald’s One-stop Workplace Learning Programme”.

Speaker(s):
Ms. Joyce HO Wai Sze
Senior Manager
Human Resources
McDonald’s Restaurants (Hong Kong) Limited
Mr. Ringo CHAN Chi Hung
Team Leader
BGCA Career and Life Adventure Planning Service Team
CLAP for Youth @ JC
Ms. TSE Ho Yi
Team Leader
HKCS Career and Life Adventure Planning Service Team
CLAP for Youth @ JC